MINIMS® AMETHOCAINE EYE DROPS

NAME OF THE MEDICINE

Amethocaine hydrochloride
Synonyms: Tetracaine hydrochloride
Structural formula:

![Chemical structure of Amethocaine](image)

Chemical name: 2-(dimethylamino)ethyl 4-(butylamino)benzoate hydrochloride
Molecular formula: C_{15}H_{24}N_{2}O_{2}.HCl
Molecular weight: 300.8
CAS number: 136-47-0

DESCRIPTION

Minims Amethocaine Eye Drops are clear, colourless sterile eye drops reasonably free from visible particulate matter, containing amethocaine hydrochloride 0.5% or 1% w/v as well as hydrochloric acid and purified water. No preservatives are contained in the formulation.

PHARMACOLOGY

Amethocaine hydrochloride is a local anaesthetic, which acts by reversibly blocking the propagation and conduction of nerve impulses along nerve axons. Amethocaine stabilises the nerve membrane, preventing the increase in sodium permeability necessary for the production of an action potential.

Onset of anaesthesia after instillation into the eye is 10 to 20 seconds, and duration of anaesthesia is 10 to 20 minutes. It has been reported, however, that the 1% solution produces anaesthesia lasting nearly an hour.

Pharmacokinetics

Amethocaine is a weak base (pKa 8.5), therefore, significant changes in the rate of ionised lipid soluble drug uptake may occur with changes in the acid base balance. 

*In vitro* studies have shown that amethocaine has a high affinity for melanin, therefore, differences in duration of action may be expected between deeply pigmented eyes and less pigmented eyes.

The primary site of metabolism for amethocaine is the plasma. Amethocaine is hydrolysed by plasma esterases (pseudocholinesterases) to para-amino benzoic acid.
and other metabolites and is excreted mainly by the kidneys. Unmetabolised drug is excreted in the urine.

**INDICATIONS**

Minims Amethocaine Eye Drops are indicated to produce local anaesthesia in the eye.

**CONTRAINDICATION**

Minims Amethocaine Eye Drops are contraindicated in patients with hypersensitivity to any of the components of the preparation.

Amethocaine is hydrolysed in the body to p-amino benzoic acid and should therefore not be used in patients being treated with sulphonamides.

In view of the immaturity of the enzyme system that metabolises the ester type of local anaesthetics in premature babies, amethocaine should be avoided in these patients.

Chronic use of local anaesthetic drops to the eye is contraindicated as repeated instillations have been associated with corneal damage; see PRECAUTIONS.

**PRECAUTIONS**

Minims Amethocaine Eye Drops are for topical ophthalmic application only. The solution should not be injected.

The cornea may be damaged by prolonged or frequent application of anaesthetic eye drops. Prolonged use of topical ophthalmic local anaesthetics has been associated with severe keratitis and permanent corneal opacification and scarring with accompanying reduction of visual acuity or visual loss. To avoid corneal damage, do not exceed the recommended dosage, especially in patients with compromised corneas.

Patients should be warned not to rub or touch the eye while anaesthesia persists.

The anaesthetised eye should be protected from dust and bacterial contamination.

Amethocaine may give rise to allergic reaction in hypersensitive patients.

On instillation an initial burning sensation may be experienced. This may last for up to 30 seconds.

Systemic toxicity typical of local anaesthetics could occur if sufficient amounts were absorbed systemically (see OVERDOSAGE). Systemic absorption of amethocaine may be reduced by compressing the lacrimal sac at the medial canthus for a minute during and following the instillation of the drops. (This blocks the passage of the drops via the naso-lacrimal duct to the wide absorptive area of the nasal and pharyngeal mucosa. It is especially advisable in children.)

**Effects on Fertility:**

Studies have not been performed in either animals or humans to evaluate the potential for impairment of fertility with amethocaine.

**Use in Pregnancy (Category B2):**

Safety for use in pregnancy has not been established, therefore, Minims Amethocaine Eye Drops should be used only when considered essential.
Use in Lactation:
It is not known whether amethocaine and/or its metabolites are excreted in milk. Safety for use in lactation has not been established, therefore, Minims Amethocaine Eye Drops should be used only when considered essential.

Paediatric Use:
Amethocaine should be used with caution in children, as this group is more susceptible to the effects of local anaesthetics.

Use in the Elderly:
Amethocaine should be used with caution in the elderly, as this group is more susceptible to the effects of local anaesthetics.

Carcinogenicity:
Studies have not been performed in either animals or humans to evaluate the carcinogenic potential of amethocaine.

Genotoxicity:
Amethocaine was not mutagenic in bacteria in limited studies. No studies to investigate the clastogenic potential of the drug have been performed.

Interactions with Other Medicines
Amethocaine is metabolised to p-amino benzoic acid and can antagonise the actions of sulphonamides (see CONTRAINDICATIONS).

Metabolism of local anaesthetics derived from esters may be inhibited by anticholinesterases and thus prolong the effects of amethocaine. Ester-type local anaesthetics may competitively enhance the neuromuscular blocking action of suxamethonium. Avoid amethocaine use until after topical staining.

Effects on Ability to Drive and Use Machines
The eye must be protected until normal sensation has returned, and patients should be warned not to drive or use machines with impaired vision.

ADVERSE EFFECTS
Local burning and stinging sensation upon instillation. Other adverse reactions, such as blurred vision, keratitis, hyperaemia, lacrimation and allergic conjunctivitis, have been reported.

Superficial punctate keratitis (SPK) may occur due to ineffective tearing.

Severe keratitis (such as diffuse SPK, corneal edema) is uncommon but could occur in an estimated 1/1000 patients. Symptoms may include: grey appearance of cornea, development of folds in Descemet’s membrane, hyperaemic conjunctiva, blurred vision, photophobia, lacrimation, ocular pain.

Reactions including toxic epitheliopathy (after frequent short-term application or prolonged application) and contact dermatitis theoretically could occur.
**DOSAGE AND ADMINISTRATION**

Adults and Children:
One drop as required.

Further drops may be needed to achieve a complete anaesthetic effect; if this is required, instillation must be strictly as recommended and supervised by the treating physician".

Normal corneal sensitivity can be expected after approximately 1 hour. Although unlikely, due to the small volume in each unit dose, systemic absorption of local anaesthetics is rapid from mucosal membranes (see OVERDOSAGE). Systemic absorption of amethocaine may be reduced by compressing the lacrimal sac at the medial canthus for a minute during and following the instillation of the drops. (This blocks the passage of the drops via the naso-lacrimal duct to the wide absorptive area of the nasal and pharyngeal mucosa. It is especially advisable in children.)

Each Minims Amethocaine Eye Drop unit should be discarded after a single use.

**OVERDOSAGE**

Due to the small volume of each Minims Amethocaine Eye Drop unit, overdose is not expected. However, local anaesthetics are absorbed rapidly from mucosal surfaces and the gastrointestinal tract and systemic toxicities typical of local anaesthetics (CNS, cardiovascular, respiratory) could be expected, though this is rare.

For decontamination after eye exposure the advice is to remove contact lenses and irrigate exposed eyes with copious amounts of room temperature 0.9% saline or water for at least 15 minutes. If irritation, pain, swelling, lacrimation or photophobia persist after 15 minutes of irrigation, an ophthalmologic examination should be performed.

**PRESENTATION AND STORAGE CONDITIONS**

**Presentation:** Minims Amethocaine Eye Drops are single use clear colourless sterile eye drops available in two strengths 0.5% (5mg/mL) and 1% (10mg/mL) in cartons of 20 units. Each unit contains approximately 0.5mL of solution.

**Storage Conditions:** Store at 2°C to 8°C. (Refrigerate. Do not freeze.). Protect from light.

Each Minims unit should be discarded after a single use.
NAME AND ADDRESS OF SPONSOR
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POISON SCHEDULE
S4 – Prescription Only Medicine

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