MIOCHOL®-E  
(acetylcholine chloride)  

NAME OF THE DRUG  

Active ingredient:  acetylcholine chloride  
Chemical name:  2-acetoxyethyltrimethylammonium chloride  
Molecular formula:  C\textsubscript{7}H\textsubscript{16}ClNO\textsubscript{2}  
CAS number:  60-31-1  
Molecular weight:  181.7  
Structural formula:  

\[
\begin{align*}
\text{H}_3\text{C} & \quad \text{O} \\
\text{H}_3\text{C} & \quad \text{O} \\
\text{N} & \quad \text{CH}_3 \\
\text{Cl}^- & \quad \text{CH}_3
\end{align*}
\]

DESCRIPTION  

Miochol-E is a parasympathomimetic preparation for intraocular use presented in a blister pack containing one vial and one ampoule: the vial contains acetylcholine chloride 20 mg; the ampoule contains 2 mL of diluent.  

Excipients: Vial mannitol. Ampoule sodium acetate, magnesium chloride, potassium chloride, calcium chloride, water for injections.  

PHARMACOLOGY  

Acetylcholine is a naturally occurring neurohormone which mediates nerve impulse transmission at all cholinergic sites involving somatic and autonomic nerves. After release from the nerve ending, acetylcholine is rapidly inactivated by the enzyme acetylcholinesterase by hydrolysis to acetic acid and choline.  

Direct application of acetylcholine to the iris will cause rapid miosis of short duration. Topical ocular instillation of acetylcholine to the intact eye causes no discernible responses as cholinesterase destroys the molecule more rapidly than it can penetrate the cornea.
CLINICAL TRIALS

Clinical studies with Miochol-E have shown it to be clinically and statistically superior to placebo in inducing miosis following cataract surgery when administered at doses of 0.5-2.0mL:

**Horizontal Pupil Diameter (mm) for Intention to Treat Subjects (mean ± SD)**

<table>
<thead>
<tr>
<th></th>
<th>Post IOL</th>
<th>Post Injection +45 secs</th>
<th>Post Injection + 5-10 mins</th>
</tr>
</thead>
<tbody>
<tr>
<td>Miochol-E (n=62)</td>
<td>7.4 ± 1.5</td>
<td>5.1 ± 1.5</td>
<td>4.6 ± 1.4</td>
</tr>
<tr>
<td>Change from post IOL</td>
<td></td>
<td>-2.3 ± 1.2</td>
<td>-2.8 ± 1.2</td>
</tr>
<tr>
<td>P value - within</td>
<td></td>
<td>&lt;0.001</td>
<td>&lt;0.001</td>
</tr>
<tr>
<td>treatment</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Placebo (n=31)</td>
<td>7.1 ± 1.3</td>
<td>6.8 ± 1.4</td>
<td>6.3 ± 1.6</td>
</tr>
<tr>
<td>Change from post IOL</td>
<td></td>
<td>-0.3 ± 0.5</td>
<td>-0.8 ± 0.8</td>
</tr>
<tr>
<td>P value - within</td>
<td></td>
<td>0.002</td>
<td>&lt;0.001</td>
</tr>
<tr>
<td>treatment</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**INDICATIONS**

Miochol-E is used to obtain complete miosis of the iris in seconds after placement of the intraocular lens (IOL) in cataract surgery and in penetrating keratoplasty, iridectomy and other anterior segment surgery where rapid miosis may be required.

**CONTRAINDICATIONS**

Known hypersensitivity to acetylcholine or to any of the excipients.

**PRECAUTIONS**

In cataract surgery, use Miochol-E only after placement of the IOL.

Miochol-E cannot be re-sterilised. Do not gas sterilise. If the blister or peelable packing is damaged or broken, sterility of the enclosed bottle cannot be assured. Open under aseptic conditions only.

Aqueous solutions of acetylcholine chloride are unstable. Prepare solution immediately before use. Only solutions that are clear and colourless should be used. Unused residual amounts should be discarded.

**Paediatric Use**

Safety and effectiveness in children have not been established.
**Use in Pregnancy** (Category B2)
Animal reproduction studies have not been conducted with Miochol-E. It is not known whether Miochol-E can cause foetal harm when administered to a pregnant woman or can affect reproductive capacity. Miochol-E should be given to pregnant women only if clearly needed.

**Use in Lactation**
It is not known whether Miochol-E is excreted in human milk. Because many drugs are excreted in human milk, caution should be exercised when Miochol-E is administered to nursing women.

**Interactions with Other Drugs**
None known.

**ADVERSE REACTIONS**

Adverse events considered possibly related or related to use of intraocular acetylcholine and classified according to incidence are reported below:

<table>
<thead>
<tr>
<th>Frequency</th>
<th>Ocular</th>
<th>Non-Ocular</th>
</tr>
</thead>
<tbody>
<tr>
<td>Uncommon (≥ 1/1,000 and &lt;1/100)</td>
<td>Corneal oedema, corneal clouding, corneal decompensation</td>
<td>None</td>
</tr>
<tr>
<td>Rare (≥ 1/10,000 and &lt;1/1,000)</td>
<td>None</td>
<td>Bradycardia, hypotension, flushing, breathing difficulties, sweating.</td>
</tr>
</tbody>
</table>

**DOSAGE AND ADMINISTRATION**

In most cases 0.5 to 2 mL produces satisfactory miosis.

The syringe containing the reconstituted preparation must be fitted with a suitable irrigation cannula for intraocular irrigation.

The Miochol-E solution is instilled into the anterior chamber before or after securing one or more sutures. Instillation should be gentle and parallel to the iris face and tangential to pupil border.

If there are no mechanical hindrances, the pupil starts to constrict in seconds and the peripheral iris is drawn away from the angle of the anterior chamber. Any anatomical hindrance to miosis, such as anterior or posterior synechiae, must be released to permit the desired effect of the drug.
The solution should be reconstituted immediately before use since aqueous solutions of acetylcholine are unstable.

**Instructions for Use and Handling**

**Warning:** Do not use if blister or peelable backing is damaged or broken. Open under aseptic conditions only, at the time of surgery.

**Directions for Preparing Miochol-E:**

1. Inspect unopened blister to ensure that it is intact. The outer package is not sterile. Peel open blister.
2. Aseptically transfer the ampoule, vial and filter hub to sterile field. Maintain asepsis during preparation of solution. Sterile gloves and gowns should be used.
3. Aseptically attach a sterile 18 to 20 gauge, bevelled needle to the luer tip of a sterile disposable syringe with twisting motion to assure secure fit.
4. Break open the ampoule containing the diluent. The One Point Cut (OPC) ampoule must be opened as follows: hold the bottom part of the ampoule with the thumb pointing to the coloured point; grasp the top of the ampoule with the other hand, positioning the thumb at the coloured point and press back to break at the existing cut under the point.
5. Remove the needle protector and withdraw the diluent from the ampoule into the syringe. Discard ampoule.
6. Remove and discard plastic cap from top of vial.
7. Insert the needle through the centre of the vial stopper.
8. Transfer the diluent from the syringe to the vial.
9. Shake gently to dissolve drug.
10. Slowly withdraw the solution from the vial through the needle into the syringe.
12. Aseptically open filter hub pouch.
13. Aseptically attach filter hub onto luer tip of syringe with a twisting motion to assure secure fit.
14. Aseptically attach a sterile blunt tip irrigation cannula to male luer of filter prior to intraocular irrigation.
15. Discard appropriately after use. Do not reuse the filter hub.

The solution must be mixed just before use, since aqueous solutions of acetylcholine are unstable. Only clear and colourless solutions should be used. To reduce microbiological hazard, use as soon as practicable after reconstitution. If storage is necessary, hold at 2-8°C for not more than 6 hours. Any residual quantities of acetylcholine chloride solution should be discarded after a maximum of 6 hours for stability reasons.

Contains no antimicrobial agent. Product is for single use in one patient only. Discard any residue.
Miochol-E should not be re-sterilised. The filter hub is recommended only for use with Miochol-E. Aspiration through the filter is not recommended. However, if utilised, discard needle and syringe filter to prevent recontamination of fluids during injection.

Do not aspirate and inject through the same filter.

**Incompatibilities**
Reconstitute the solution only with the supplied diluent.
The filter hub is recommended only for use with Miochol-E.

**Explanation of the symbols:**

- Not for single use only
- Lot number
- Expiry date
- See instructions for use
- Manufacture date
- Sterilization with ethylene oxide
- Catalogue number

**OVERDOSAGE**

Systemic toxicity is low because of rapid local breakdown. Symptoms of overdose are likely to be effects resulting from systemic absorption (see **ADVERSE REACTIONS**). In case of overdose, atropine sulfate (0.5 to 1 mg) should be given intramuscularly or intravenously and should be readily available. Adrenaline (0.1 to 1 mg sc) is also of value in overcoming severe cardiovascular or bronchoconstrictor responses.

**PRESENTATION**

Powder and diluent for intraocular irrigation.

Miochol-E is presented in a blister pack containing one vial and one ampoule; the vial contains 20mg of acetylcholine chloride; the ampoule contains 2mL of diluent.

Miochol-E is supplied as packs containing 1 or 12 blisters and 1 or 12 filter hubs with 5 micron filter, luer lock, respectively. Packs are subject to antimicrobial treatment with ethylene oxide.

**Storage:** Store below 25°C. Do not freeze.
**SPONSOR**

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Approved by the Therapeutic Goods Administration: 16 August 2005